



October 2026



Mon	Tue	Wed	Thu	Fri
Whole, unflavored milk is served to children under 2. 1% unflavored milk is served to children over 2.  Whole Grain = WG Home Made = HM			1 Lazy Lasagna w/Ricotta & Meat Sauce (HM) Cauliflower Garlic Bread (WG) Milk Pears	2 Pasta Alfredo w/Chicken Steamed Broccoli Bread and Butter Milk Mandarin Oranges
5 Chicken Parmesan Seasoned Pasta (WG) Steamed Cauliflower Milk Pineapple	6 Turkey & Cheese on Wheat Bread (WG) Baby Carrots (Parboiled for I/T) Milk Sliced Strawberries & Bananas	7 Meatball Sub w/ Marinara and Cheese Rice Pilaf (WG) Broccoli Florets Milk Warm Applesauce	8 Fish Sticks Sweet Mashed Potatoes Peas Milk Pears	9 Professional Development Day  Center Closed
12 COLUMBUS DAY/ INDIGENOUS DAY CENTER CLOSED	13 Chicken Nuggets w/Sweet & Sour Sauce Buttered Egg Noodles Steamed Cauliflower Milk Peaches	14 Mac & Cheese (HM) Green Beans Bread & Butter (WG) Milk Pineapple Tidbits	15 Sloppy Joes on Roll Peas French Fries Milk Fruit Cocktail	16 Cheese Quesadillas on (WG) Tortilla Lettuce/Salsa/Corn Mexican Rice Milk Apple Slices
19 French Toast (WG) w/Syrup Cottage Cheese w/ Honey Drizzle Hash Browns Milk Warm Applesauce w/ Cinnamon	20 Texas Toast Three-Cheese Pizza Steamed Carrots Milk Plain Yogurt w/ Blueberries	21 Soft (WG) Taco (seasoned hamburger, cheddar cheese, sour cream, lettuce, mild salsa) Mexican Seasoned Corn Milk Pears	22 Ham & Swiss/Mozz Blend Melt (WG) Pickles French Fries Milk Pineapple Tidbits	23 Cheese Tortellini w/Alfredo Sauce Buttered Broccoli Garlic Roll Milk Orange Slices
26 Chicken Nuggets Tater Tots (WG) Peas Milk Mixed Fruit	27 Grilled Cheese (WG) Tomato Soup Green Beans Milk Peaches	28 English Muffin (WG) Piz- za w/ Turkey Pepperoni & Mozzarella Cheese Broccoli Milk Orange Wedges	29 Meatballs Mashed Sweet Potato Steamed Cauliflower Warm Wheat Roll (WG) Milk Pineapple	30 Pancakes w/ Syrup Hash Browns Yogurt  Milk Sliced Strawberries & Halloween Treats